

## Academic Curriculum

### **Curriculum GNM:**

The course is fitted into 3 ½ Yrs. period. The school year starts on the first working day of September. The hours of planned instructions are organized into the daily classes study days Clinical Field & Teaching Blocks.

#### **Daily classes and clinical experience:**

##### **First Year**

Theory – 575 Hrs.

Clinical – 900 Hrs.

04 hours class per day and 02 hrs of clinical experience for 148 days. Balance clinical hours (604 hrs.) is given as 06 hrs. per day for 101 days. So total days for both theory and clinical area is 148+101=249 days. Rest of the days (116 days) in the year are utilized for vacation, weekly days off, study leave and examinations.

##### **Second Year**

Theory – 360 Hrs.

Clinical – 1116 Hrs.

Three hours class and 3 hours clinical experience per day for 120 days. The balance of 756 hours of clinical experience can be provided as 6 hours per day for 126 days. The rest of the days, 119 days are utilized for vacation, weekly days off, study leave & examination.

##### **Third Year**

Theory – 290 Hrs.

Clinical – 1260 Hrs.

Three hours class and 3 hours clinical experience per day for 97 days. The balance of 970 hours of clinical experience can be provided as 6 hours per day for 162 days. The rest of the days, 106 days are utilized for vacation, weekly days off, study leave & examination. Chart 11 shows how all students are free for teaching blocks even when each class is divided into groups & rotated through different blocks of experience.

#### **Detail of Internship period:**

Total Duration – 26 weeks (6 months)

Vacation - 01 week

Examination - 01 week

For the remaining 24 weeks students are posted in different clinical areas and they are also undero formal classroom instruction.

Total working hours per day	-	08
Total hours per week	-	8x6=48
Total hours of Internship period	-	48x24=1152
Total Theoretical Instruction hours	-	190
Total hours of clinical posting	-	1152-190=962

Students are attended one hour daily class and 07 hours clinical experience or one day for theory study day and five days for clinical experience which is planned by the institution as per their suitability. It come to 40 hours per week clinical and 8 hours for theory.

Break up of Clinical experience areas:

Medical Nursing	-	03 weeks
Surgical Nursing	-	03 weeks
Pediatric Nursing	-	03 weeks
Psychiatric Nursing	-	03 weeks
Community Health Nursing	-	04 weeks
Midwifery	-	04 weeks
Student's area of choice	-	02 weeks
Experience with night supervisor	-	24 weeks

## Curriculum MPH/ ANM:

The course is fitted into 02 years. The school year starts on the first working day of October.

The hours of planned instructions are organized into the daily classes study days Clinical Field & Teaching Blocks.

### First Year

S.NO.	Nursing Courses Course Title and description	Class room hours			Experience		
		Theory	Demonstration	Total	Hospital	Community	Total
1.	<b>Community Health Nursing</b>	120	50	170	10	100	110
2.	<b>Health Promotion:</b> • Nutrition • Human Body & Hygiene • Environmental Sanitation • Mental Health	120 35 35 20 30	75 30 20 15 10	195 65 55 35 40	20	180	220
3.	<b>Primary Health Care Nursing I – (Prevention of diseases &amp; restoration health):</b> • Infection and	130	150	280	90	300	40

	Immunization	25	20	45			
	• Communicable disease						
	• Community Health Problems	40	25	65			
	• Primary Medical Care	30	50	80			
	• First Aid and Referral	20	20	40			
		25	35	60			
4.	<b>Child Health Nursing</b>	75	110	185	80	100	180
	<b>Total Hours</b>	450	385	835	200	680	880

### Second Year (First sixmonths)

S.NO.	Nursing Courses Course Title and description	Class room hours			Experience		
		Theory	Demonstration	Total	Hospital	Community	Total
5.	<b>Mdiwifery</b>	<b>200</b>	<b>160</b>	<b>360</b>	<b>220</b>	<b>160</b>	<b>380</b>
6.	<b>Health centre management:</b>	<b>40</b>	<b>40</b>	<b>80</b>	<b>-</b>	<b>60</b>	<b>60</b>
	<b>Total Hours</b>	<b>240</b>	<b>200</b>	<b>440</b>	<b>220</b>	<b>220</b>	<b>440</b>
	<b>Total Hours</b>	<b>880 hours</b>					

### Second Year (Internship-six months)

Sl. NO.	Nursing course Course title and Description	Experience		
		Hospital	Community	Total
I	Midwifery	240	240	480
	• Antenatal ward	40		
	• Intrenatal/Labour room	120		
	• Post natal ward	40		
	• Neonatal care unit	40		
li	Child Health	80	160	240
lii	Community health and health center management		160	160
	<b>Total hours</b>			<b>880</b>

**Total = 880 hours in the internship period**

**Grand Total -1760 hrs**

### Guidelines for internship:

- The ANM students (in a group of 4-5) should be posted in the sub center/primary health center with a regular ANM for one month/4 weeks for super vised independent practice in the community which should be residential..

- b. The students should participate in all National Health and Family Welfare programs during their clinical experience.
- c. At least 80% of all the clinical requirements should be completed before appearing for the final (Second year) examination.
- d. The principal of the ANM School should certify for each student that she has undergone successfully the internship program, completed 100% of the clinical requirements and acquired the requisite Competencies as listed in the syllabus before the award of the certificate/ diploma by the the state nursing council/ examination board.